

Ethnomedical Information on Samambaia (*Polypodium decumanum*)

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Rhizome Amazonia	Used for coughs.	Not stated Oral	Human Adult	ZZ1005
Rhizome Amazonia	Used for fever, whooping cough and renal disorders.	Maceration Oral	Human Adult	L04137
Rhizome Amazonia	Used as a general tonic, to detoxify the body and support the immune system. Used for rheumatism.	Various Oral	Human Adult	ZZ1015
Leaf Amazonia	Used for cough.	Infusion Oral	Human Adult	L04137
Leaf + Rhizome Brazil	Used as a sudorific, for respiratory disorders and rheumatism.	Not stated Oral	Human Adult	ZZ1013
Leaf Brazil	Used as an alterative, tonic, pectoral and expectorant for coughs, bronchitis, gripe; used for skin disorders.	Not stated Oral	Human Adult	ZZ1007
Rhizome Colombia	Used to treat pertussis.	Infusion Oral	Human Adult	J19582
Aerial Parts Honduras	Used for cancer, psoriasis and atopic dermatitis.	Not stated Oral	Human Adult	AW 1009
Leaf Honduras	Used for psoriasis.	H2O Ext Oral	Human Adult	K17243
Leaf + Rhizome Honduras	Used for tumors, rheumatoid arthritis and psoriasis.	Infusion Oral	Human Adult	AW 1013
Plant Honduras	Used for peptic ulcers, kidney problems, arthritis, pains in joints and tendons.	Infusion Oral	Human Adult	AW 1015
Rhizome Latin America	Used for cancer.	Not stated	Human Adult	ZZ1029
Rhizome Peru	Used for coughs, fever, urinary infections and skin affections like psoriasis.	Infusion Oral	Human Adult	ZZ1008
Rhizome Peru	Used for boils, skin ulcers and abscesses.	Grated External	Human Adult	ZZ1008
Rhizome Peru	Used to treat the pancreas.	Not stated Oral	Human Adult	ZZ1045
Leaf Peru	Used for coughs.	Not stated	Human Adult	AW 1001

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Rhizome Guyana	Used in ritual baths for infants.	Decoction Bath	Human Adult	ZZ1033
Leaf + Rhizome US	Used for cough, bronchitis, chest colds, flu, disorders of the respiratory tract, rheumatism, gout and high blood pressure. Used as a diuretic and diaphoretic.	Various Oral	Human Adult	ZZ1014
Rhizome US	Used for rheumatism and the detoxification of wastes.	Not stated	Human Adult	ZZ1067

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