

## Ethnomedical Information on Macela (*Achyrocline satureioides*)

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Aerial Parts Argentina	Used as a digestive and for diabetes.	Hot H2O Ext / Oral	Human Adult	M31054
Aerial Parts Brazil	Used as a antispasmodic, anti-inflammatory, and antibacterial. Used as a aromatic, bitter, stomachic, antidysenteric and to treat indigestion and gastritis.	Hot H2O Ext / Oral	Human Adult	K24859
		Hot H2O Ext / Oral	Human Adult	ZZ1099
Entire Plant Brazil	Used as antiemetic, stomachic, and sedative. Used for stomach, liver & intestinal problems, a digestive, diarrhea, dysentery, rheumatism, menstrual pain, and intestinal colic. Used topically for pain and inflammation, neuralgia and rheumatism. Considered stomachic, aperient, astringent, bitter, antidysenteric, and emmenagogue.	Infusion / Oral	Human Adult	ZZ1096
		Infusion / Oral	Human Adult	ZZ1081
		Infusion / External	Human Adult	ZZ1081
		Hot H2O Ext / Oral	Human Adult	ZZ1072
Entire Plant Colombia	Used to treat tumors.	Decoction / External	Human Adult	A00709
Entire Plant Venezuela	Used for diabetes. Used as an emmenagogue and to treat impotency.	Hot H2O Ext / Oral	Human Adult	A05449
		Decoction / Oral	Human Adult	J10140
Entire Plant Peru	Used for type II diabetes.	Infusion / Oral	Human Adult	H29050
Flowers Argentina	Used to regulate menstruation and for asthma.	Infusion / Oral	Human Adult	W01322
Flowers Brazil	Used to treat nervous colic and epilepsy. Used as an antispasmodic, analgesic, and anti-inflammatory. Used as an antispasmodic, anti-inflammatory, sedative and for digestive problems and headaches. Used for gastric disorders, increase appetite, diarrhea, dysentery, menstrual disorders and headaches.	Infusion / Oral	Human Adult	ZZ1002
		Infusion / Oral	Human Adult	J12611
		Infusion / Oral	Human Adult	ZZ1092
		Hot H2O Ext / Oral	Human Adult	ZZ1072
Inflorescence Brazil	Used as anti-inflammatory. Used as a sedative, hypoglycemic, and anti-inflammatory and to treat diarrhea and dysentery. Used for gastrointestinal disturbances and inflammatory conditions.	Infusion / External	Human Adult	J14047
		Infusion / Oral	Human Adult	K17039
		Hot H2O Ext / Oral	Human Adult	M19650
Inflorescence + Stem Uruguay	Used to improve digestion.	Not Stated / Oral	Human Adult	K18125

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Leaf Peru	Used as an antitussive in bronchitis.	Infusion / Oral	Human Adult	K27043
Part Not Stated Argentina	Used as an emmenagogue.	Not Stated	Human Female	J01423
Part Not Stated Uruguay	Used as an emmenagogue.	H2O Ext / Oral	Human Female	A04492

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